Modification history

|  |  |
| --- | --- |
| Release | Comments |
| Release 1 | This version released with ACM Animal Care and Management Training Package Version 5.0. |

| ACMEQU3X7 | Introduce horses to lunge exercise |
| --- | --- |
| Application | This unit of competency describes the skills and knowledge required to educate a horse for lungeing exercise by introducing techniques, routines and gear, and voice commands and signals used to control and direct a horse to lunge calmly.  This unit applies to individuals who work under broad direction in industries involving horses. They apply knowledge of horse behaviour, discretion and judgement to educate horses to lunge calmly in environments that may include round yards and fenced exercise arenas.  Commonwealth and state/territory health and safety, and animal welfare legislation, regulations and codes of practice relevant to interacting with horses apply to workers in this industry. Requirements vary between industry sectors and jurisdictions.  No licensing, legislative or certification requirements apply to this unit at the time of publication, except for the racing industry, where requirements vary between states and territories. Users working in the racing industry are advised to contact the relevant Principal Racing Authority for advice on current requirements. |
| Prerequisite Unit | Prerequisite unit of competency for this unit is:   * ACMEQU2X20 Lunge educated horses   Note the following chain of prerequisites that also apply to this unit.   |  |  | | --- | --- | | Unit of competency | Prerequisite requirement | | ACMEQU2X20 Lunge educated horses | ACMEQU2X12 Handle horses safely | |
| Unit Sector | Equine (EQU) |

| Elements | Performance Criteria |
| --- | --- |
| Elements describe the essential outcomes. | Performance criteria describe the performance needed to demonstrate achievement of the element. |
| 1. Prepare to educate a horse to lunge | 1.1 Select horse to be educated and suitable training area in consultation with other workers, if required  1.2 Identify hazards, assess and control risks related to educating horse to lunge and lungeing environment  1.3 Select methods and techniques for introducing inexperienced horses to lungeing  1.4 Select and correctly fit personal protective equipment (PPE)  1.5 Select and check lungeing equipment and fit lungeing gear to horse according to individual horse and training requirements |
| 2. Educate a horse to lunge | 2.1 Apply knowledge of horse behaviour to introduce lungeing to inexperienced horse using clear and appropriate cues with horse  2.2 Introduce horse to lungeing exercise using safe and low stress techniques  2.3 Use safe lungeing progression in walk, trot and canter in both directions  2.4 Monitor horse behaviour and performance during lungeing, and respond to signs of injury or distress according to workplace procedures |
| 3. Perform post-exercise procedures | 3.1 Remove gear from horse and check horse for signs of injury  3.2 Cool down, hose, ice and groom horse after exercise according to horse requirements and workplace procedures  3.3 Record and report on horse performance and irregular horse behaviour, signs of distress or injury during and after exercise  3.4 Check and maintain gear before storage and report gear quality and maintenance issues according to workplace requirements |

| Foundation Skills  This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria. | |
| --- | --- |
| Skill | Description |
| Oral communication | * Use industry terminology to describe and report horse lungeing activities |
| Numeracy | * Measure and calculate time, temperature, distance, ratio and speed |

|  |  |  |  |
| --- | --- | --- | --- |
| Unit Mapping Information | | | |
| Code and title current version | Code and title previous version | Comments | Equivalence status |
| ACMEQU3X7 Introduce horses to lunge exercise | ACMEQU301 Introduce horses to lunge exercise | Application updated  Performance Criteria revised, reordered, or merged for clarity  Previous Performance Criteria 2.3 and 2.4 removed  Foundation Skills updated  Performance Evidence, Knowledge Evidence and Assessment Conditions updated | Equivalent |

|  |  |
| --- | --- |
| Links | Companion Volumes, including Implementation Guides, are available at VETNet:  <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103> |

| TITLE | Assessment requirements for ACMEQU3X7 Introduce horses to lunge exercise |
| --- | --- |
| Performance Evidence | |
| An individual demonstrating competency must satisfy all the elements and performance criteria of this unit.  There must be evidence that the individual has introduced and trained at least two compliant and manageable horses to lunge calmly and consistently across the three gaits (walk, trot and canter) in a round yard. The horses must be inexperienced in lungeing prior to the assessment of the unit, and for each horse and lungeing activity, the individual must have:   * identified at least three hazards, assessed and controlled their risks, including those occurring in the lungeing environment * used safe and low stress horse handling techniques * selected, checked and correctly fitted personal protective equipment (PPE) * selected, correctly fitted and introduced lungeing gear to horses, including: * single lunge rein * lunge whip * lunge roller or saddle * bridle or lunge cavesson * controlled and positioned the horse during walk, trot and canter: * in both directions whilst safely adjusting lunge lead and whip position * using voice, handler body position and lunge whip to encourage inexperienced horses to start, stop and follow the track during lunge exercise * selected and applied lungeing techniques that encourage inexperienced horses to maintain speed, tempo, gait and position on the track * monitored basic horse health and behaviour during lunge exercise and responded to signs of distress or injury according to workplace procedures * carried out post-exercise care of horses, including cooling down using at least one of the following: * hand walking * hosing * ice application * grooming techniques * cleaned horse gear and equipment according to workplace instructions and manufacturer instructions * updated exercise program records and reported horse performance and condition. | |

| Knowledge Evidence |
| --- |
| An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:   * safe and low stress horse handling techniques, zones and positioning techniques to encourage inexperienced horses to lunge * types and purpose of PPE suitable for lunge exercise * features of a safe environment to lunge horses * horse learning theory that can be applied to lungeing activities * purpose and reasons for lungeing horses * techniques for introducing inexperienced horses to lungeing * types, purpose, correct fit and use of horse lungeing gear, including: * single lunge rein * lunge whip * lungeing/training system * common horse behaviour, social traits, vices and responses related to lungeing horses * potential hazards and risks associated with lungeing horses, including: * horse behaviour * other horses in vicinity * handler skills and techniques * surface variations * area not fenced or confined * types of injury that may be sustained during lunge exercise * signs of distress and injury that may arise during and after lungeing * styles of lunge exercise and exercise routines * horse welfare considerations related to exercise, including: * weather, including wind and temperature * fatigue and stress * health status, including current injuries * workplace horse exercise and condition reporting systems and practices. |

| Assessment Conditions |
| --- |
| Assessment of the skills in this unit of competency must take place under the following conditions:   * physical conditions: * a round yard * resources, equipment and materials: * live horses specified in the performance evidence (that are inexperienced in lungeing prior to the assessment of the individual), that have also been assessed as suitable for the assessment of this unit and the individual being assessed * gear, materials, tools and equipment suitable for tasks specified in the performance evidence, including PPE * workplace reporting and recording formats * specifications: * workplace procedures and instructions or program for educating horses to lunge.   The Companion Volume: User Guide: Safety in Equine Training provides advice and sample templates to assist assessors with the risk assessments that should be undertaken to help ensure the safety of all involved in the assessment.  Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards. |

|  |  |
| --- | --- |
| Links | Companion Volumes, including Implementation Guides, are available at VETNet:  <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103> |